

A STUDY ON THE OSHO'S CONCEPTS OF HUMAN FREEDOM

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Abstract

The article entitled 'A Study on the Osho's Concepts of Human Freedom', is of three objectives: 1) to explore the concept of human freedom in general, 2) to examine Osho's concept of human freedom and 3) to analyze the Osho's concept of the fundamental freedom of life.

According to the general concept of human freedom, it refers to the condition or right to be able to do or believe what we desire without coercion or with any restrictions. Since freedom and responsibility are inevitable like two side of coin. It is comparable to two sides of the same coin. The concept of human freedom is indispensable to the traditional principles of Western and Eastern philosophy. Just as this idea represents the principle of human freedom, the primary purpose of this thesis is to study and analyze the concept of human freedom in relation to the system of the both philosophical tradition.

Regarding Osho's concept of human freedom, there are three types of Osho's excellent idea of human freedom viz. 1) Freedom from the past, 2) freedom for the future, and 3) just freedom (freedom in itself). The concept of freedom from the past represents a reaction from the past constraints. While freedom is liberated to fulfill future indefinite conditions. The first two concepts of freedom unite to believe in the fundamental values of existential ideals as easily understood as those between the West and the East. The third concept of freedom refers to the only freedom, and

it is the same concept called “freedom.” The concept of “Freedom to be” was the philosophical view of Jean-Paul Sartre and Jean-Jacques Rousseau. On the other hand, the first and second ideas of freedom can definitely be understood from the past of freedom and the future of freedom. However, the third idea is considered the absolute freedom of today.

Keyword: Human Freedom, Osho’s Concept of Freedom

Objectives of the Research

1. To explore the concept of human freedom in general
2. To examine Osho’s concept of human freedom
3. To analyze Osho’s concept of the fundamental freedom of life

Research Methodology

This research and focus on a qualitative research that has been researched from in depth documents in the following:

1. Primary Source: A study on the concept of human freedom in General.
2. Secondary Source: A study on the concept of Freedom according to Osho’s

Research results

Introduction

According to the term “freedom, it is referred to the free choice or free decision. Freedom is an ability to characterize man in the voluntary activity of choosing or not choosing. It receives significant consequences in the social order.” (Grolier, 1992: 40-58). The liberty of the individual to determine the course of his actions, subject only to restrictions the same for all and as few and liberal as the public safety permits. It is characteristic of a social condition where the individual is the fundamental unit, rather than subordinate communities like the family or the clan. Accordingly, the gradual

eclipse of the family by the distinctive character of European social history has led to the removal of such obstructions to personal liberty as the Roman right of the father. The disappearance of slavery and serfdom is likewise an inevitable consequence of the supersession in their role of political units of the household and the estate by the individual. State, personal liberty exists as a recognition of the right of each individual, within limits, to perform what he pleases without the constraint of his fellows, to go where he pleases, to work at whatever trade he pleases, and to own whatever property he can purchase. All these rights are strictly limited in the case of minors; and even among adults, the welfare of the state has necessitated such restrictions as punishments, quarantines, special professional qualifications, and taxes. In times of emergency, the right of the state to dispose of even the lives of its constituent individuals for the general good is universally recognized. That the restriction on the individual by the state shall be more unoppressive than necessity demands is secured by various clauses in the constitutions of the several nations of the world. In English-speaking countries, one of the most trusted weapons against the abuse of the powers of the state obtains a constitutional provision concerning writs of habeas corpus. Accordingly, the gradual in the modern democratic.

Personal freedom remains one aspect of the human rights and fundamental freedoms protected by the United Nations and defined by the Universal Declaration of Human Rights to the world.

When I start to have a sense, we are always trying to find freedom. We don't know anything about what freedom is. Always we have questions in our mind. What represents freedom? Why do we require freedom? Is it an excellent thing or bad? And what is human? How is it significant to humans? Why do we men want to be free?

At that time my mind was constantly wondering what freedom is. This kind of questions in mind. And I get the opportunity to study M.A.

philosophy at Mahachulalongkornrajavidyalaya University ChiangMai campus. And I picked up the concept of the fundamental freedom to study topics. At that time I developed the research in the point of reviewer. What philosophy defines human freedom? Then I got a chance to know philosopher who known as a political philosopher for at that time John Stuart Mill, I get his book online pdf *The Subjection of Women*, which is second edition books.

After the primary necessities of food and raiment, freedom is the first and strongest want of mortal nature. (John Stuart Mill, 1966: 154) he said in his book *The Subjection of Women* 1869. Freedom is one of the most human needs that men are difficult to live without. After food and raiment (clothing) and medicine. We, humans, are constantly seeking freedom. Without freedom, people cannot think. Without freedom, they are not capable to speak, not able to do, and not able to make choices as their nature of mind goes. This is why we are looking for freedom. Same as being free to speak, free to think, free to choices.

At that time, I became more fascinated by the concept of human freedom. Freedom is implemented in our ideas to transform them into reality. This is reflected in our achievements in all fields. Freedom is one of the most common things that humans struggle for in human life. Because humans develop year by year. From whenever humans start to live in society, then we create the limiting or condition for rules on human life for living in society. As I grew up the culture in the past. Which endure an alternative way to imagine the society for a more understanding level of the human cast in Hinduism, black and Caucasian group, etc.

At that time, I got the research books *Freedom: The Courage to Be Yourself* year public 2004 which in this book Osho motion freedom obtains three kinds/types. “Freedom from, freedom for and just freedom.

In our live society, we possess some kind of factor which is freedom based on. Firstly, the way to view freedom. It means how we can understand

or see freedom. What is the reason we need it? Why are we always looking for it? As in our society, we understand freedom is for escape from what we don't like, even if that is part of our life. But we are something more. We don't have to forget that freedom remains also our responsibility in our society. Another factor is the social structure (security). Like for different communities has different rules to follow in society. It is effortless to understand if you go to a Hindu country. They accept various rules for different caste communities. Some rules in each society were established for their lives. According to belief by generation-to-generation culture. Next is economic prosperity (equality). And another factor of freedom represents a skill. It means in our society we are divided into many different skills, but we have to know where and when we should apply our skills. Its call is more awareness to recognize what we are producing. Here are some key general freedoms related to human life, which can prevent a person from doing what they want without the presence of pressure and the general type of freedom in this world that we often seek for. They represent the meaning of the word freedom is at the center of three key points. The first remains the possibility that the subject will present what he desires to satisfy his needs. As well as the trend ambition and his/her similarity (liberty of action as opposed to coercion, slavery, civil and political freedom, etc. The second represents the power of self-determination, unnecessarily if caused by the pressure of nature, which is slightly different from the ego (Freedom of willingness, free will, as opposed to necessity.) The third is the rational achievement of results through internal control of reason. The motivation that transcends feelings and inferiority motivation (rational freedom)

1. Freedom to do
2. Freedom for
3. Ultimate Freedom

There are habitual tradeoffs between rights and responsibilities to live with other people. Our most precious right is freedom because it is the freedom that allows us to do whatever we want to do, but right is not complete freedom. It is just one side of another freedom. That we will get in the way of the freedom of others. So, unless someone lives in a cave, there is no complete freedom for anyone. Freedom has many different things. Here we're concerned with a major factor of freedom. Like the freedom to do, freedom for, and ultimate Freedom. Do we need permission to do? What things block us from doing? Why can't we believe in what we like? There were many questions in my mind. And I have got a book of John Stuart Mill's. He said in his book *On Liberty, Utilitarianism* 1859 "Human Freedom can make humans free to speak, free to do and choose. It's based on the state of mind. (John Stuart Mill, 1992: 165-177) Essay to understand our freedom is based on our mind. But suction by the situation we are unable to follow our mind or feeling? What is the problem? Like in our society. We have culture, religion. At some point, we do not support talking, believing, and doing whatever we want to do. Here is some example to understand for the person we can do anything but freedom is also our responsibility. Then I looked at what Mahatma Gandhi said on 18 March 2021. I read an online article where Gandhi's Daily article was about freedom. He said, "Freedom is not worth having if it does not include the freedom to make mistakes". (O'Leary, Online 2013) Yes, I can see the same way. Because it's not a personal thing, it's a social way of living. We have to live in society. To live in society, we have to follow the rules and regulations.

Then I started listening to Osho Talk on YouTube Chanel. His talks can be found in books as well. All books were published by his followers. I started to be interested in what Osho said about freedom. In his book *Oslo's Life and Anthology*, he said to understand why freedom is so very important

to people, it is a good idea to picture what a life without freedom would mean. And there are many places in the world where people do live without freedom.

These major freedoms are that we all wish for ourselves, but even in a smaller case, also want our freedoms. We wish to choose what we will eat, choose what clothing we wish to wear, choose where we will live, and choose whom our friends will be. We desire choice in entertainment, for example, movies, music, and television. A life without these choices is not a life. Humans are designed to want to make choices, small and large, right or wrong, and choice is the essence of freedom. We humans have to think about something more than ourselves.

What represents the limits of personal freedom in a civilized society? Should we tolerate unlimited freedom of speech, no matter how offensive the views expressed? Can the state ever be justified in interfering with what consenting adults choose to do in private? When is coercion (force or threats) acceptable? Are all laws obstacles to freedom or are they the exact condition of achieving it? Should we sometimes force people to be free or is that opposed to another (contradiction) in terms? Always this kind of question in our mind. We remain not merely abstract puzzles for philosophers to ponder in comfortable armchairs. They remain the sorts of issues that people are prepared to die for. Freedom is more complicated than being able to achieve whatever we desire. Taken extremely far, that approach would lead to dangerous anarchy - every person for themselves! Undoubtedly, freedom can mean the right to do, think, believe, speak, worship, gather, or act as one pleases, but only until your choices start to infringe on another person's freedoms.

Therefore, I personally definitely want to study and carry out research on this topic to maintain and preserve fundamental freedom for the next generation. In the present time, humans lack their own culture and much

more adapt to other religions. For instance, it may be confusing to understand for the next generation. The young generations not only lack their self but also ignore their humanism as well.

Content

In general, according to Jean-Jacques Rousseau, the theory on human freedom is quite similar to the Osho concept of human freedom And Western philosophical theories and Eastern philosophers too. Study on the concept of human freedom in general, it was found that freedom refers to the ability to do, to say and to think, whatever we want. Freedom gives the opportunity or power to choose without any limitation or control by anything to live in this world. (Veenhoven, R. 2014) Freedom is rooted from our own human action and ultimate freedom comes from being responsible for those actions. The definition changes from time to time through human feeling or their like. In our society there are two basic types of freedom. They are negative freedom and positive freedom. Based on the understanding of the world's situation. Nirvana is the Ultimate Freedom for the Buddhists. In Buddhism, to be free from the Circle of Life is the Ultimate Freedom. (Collins, S. 2010: 90)

Nature of freedom

A Study of the Concepts of Human Freedom in general. In general, human freedom allows humans to do, to say and to think, whatever we humans want. Freedom is just a power or opportunity to choose without any limitation or control by anything. From this work Freedom can be defined as the possibility to choose good or bad according to us. I mean we are choosing actions to do in daily life. That will be good or bad even for you. That is our own choice. Simply, we can understand the meaning of freedom as negative and positive just by throwing our feelings or emotion into nothing more than that. In our society there are two basic types of freedom which have been defended by philosophers: Negative freedom

and Positive freedom. But we choose those kinds of freedom in life.

To live in society the meaning of Freedom becomes a right to live as we wish. Also the main concept to live in society is equality. Equality between one-self and other, with all living beings. Because we humans are not allowed to make mistakes as a name of personal freedom. (Mushirul Hasan, 2013: 17-25) As in naturally we all living beings are born as free as humans. The nature of freedom for me is to let other living beings live as they want to live as well. This is the law of nature. Nature is our life-support system. From the fresh air we breathe to the clean water we drink, nature provides the essentials we all rely on for our survival and well-being. Nature itself-free and if we live with nature we will be free.

Other Hand The meaning of Freedom is the right to live as we wish. (Mohrmann, M. E. 2003: 184–185) But naturally we Humans are not allowed to make a mistake as a name of freedom, not to make other trouble for your freedom. As we humans are born as free. We have to be free thinkers and not accept everything that we hear is true.

Kinds of freedom

In general, according to Jean-Jacques Rousseau, the theory on human freedom is quite similar to the Osho concept of human freedom. And most of western philosopher and eastern philosopher ideas as well. Freedom as to live there are 3 freedom from, freedom to do and freedom to be the first kind of freedom is “freedom from, a freedom from the constraints of society which is based on our past. It could be from our own memories or something from the past. That kind of memories Bering us mantel stress which we want to free from. Second, is freedom to do, this is the freedom for make future live better by knowing what we want to do for the future. This two kind of freedom as similar with Osho’s freedom from and freedom for, it’s also the definition will same something revolution for future and Thirdly, there is “freedom to be,” its means be free don’t ask anyone. Freedom, not just a do, what we

want. But a freedom to be who we were meant to be. (Sakchai Niruntawee, 1978: 117-124) Here will be some of us will confuse that that is different between west theory freedom to be and Osho's just freedom. I think it's just a different language that we understand.

Just to understand this freedom is also the same as Oslo's just freedom. First and second we can easily understand freedom from the past and freedom for the future. And present freedom. Like some religious practice by meditation to find self or try to be in the moment. Both are the same.

After understanding, we have an understanding that the western and eastern philosophical concept of human freedom is not so different. Freedom is always based on something like, culture, religion, and country background.

On the Osho's Concept of Human Freedom

According to Osho, freedom means tremendous responsibility; you are on your own and alone. On the other hand Freedom means understanding one has understood the game and seeing that this is the way that the soul is prevented from growing, the way one is not allowed to be oneself; one simply gets out of it with no scar on the soul. One forgives and forgets and remains without any clinging to the society in the name of love or in the name of hate. Society has simply disappeared for the rebels. He may live in the world or he may go out of the world, but he belongs to it no more; he is an outsider.

Nature of Freedom

According to Osho, freedom itself does not have any meaning. To make it meaningful we need something to depend on. Like if I want to be free from my smoking habit, wait to be free from the habit you need first. We must recognize that freedom is a general term, like liberty, independence, autonomy, and equality. In reality, freedom cannot be absolute; no one can

be completely free.

Naturally human freedom is based on our feelings and desires. It could be related to your family, job, wealth, and culture. Whenever we feel those are supporting our lives. That will become a definition of positive freedom. And same in other hand whenever we feel those are against our lives. That will immediately become a definition of negative freedom. But in the nature of human life we are free to choose. Also the root of freedom to understand responsibility is another side of freedom. (Osho, & Prabhu. 1997: 25) In the Western tradition of freedom are your civil and political rights, including your freedom of speech, religion, and association with.

Incest, burglary, and so on, constrain and circumscribe your choices. And then there is the freedom of others that necessarily limits yours. Broadly speaking, your rights, whatever they may be, define the limits to your freedom. In the Western tradition of freedom, these are your civil and political rights, including your freedom of speech, religion, and association. Some philosophers see these not only as morally justified rights in themselves, but also as means for fulfilling other possible rights, like happiness. The opposing position is that such rights have no special status unless granted by government to maintain tradition, as does an absolute monarchy like Saudi Arabia; pursue a just society, as the Communist Party of China claims; protect a holy society, as by a Muslim government like Sudan; or economically develop a country, as attempted by a military government like Burma in 2021. This is limited freedom which is we face in our lifetime.

Kind of Freedom

On the Osho's Concept of Human Freedom the first freedom is Freedom from, which is a reaction of the past. We everyone has our past.

Like birth places, names, surnames, countries and genders. If we are not okay with those natural conditioning of our life, which is here Osho means freedom from the reaction of our past. Freedom from is ordinary, mundane (सांसारि). Freedom from, is always from the past. Like some bad memories. Man has always tried to be free from things that are already with us. We are not okay with those things. It is a reaction to our past action we had done. It is the negative aspect of freedom.

Second freedom is freedom for. Is to bring revolution to our future life. In human history human development is in the process of enlarging people's freedoms and opportunities and improving their well-being. Human development is about the real freedom ordinary people have to decide how to live in future. Decide what you want to do, where you want to live. Freedom to make a life plane and live as you want. Freedom for, is our own creativity for new revolution. You have a certain vision that you would like to materialize and you want freedom for it. Freedom for, is rooted for the future freedom. It is the positive aspect of freedom.

And the last and the third one is just freedom. Just Freedom is rebellion for human beings. This freedom is just to be in the present moment and enjoy whatever with us. This freedom means just be yourself. Just to be yourself with nature or not against it. Just freedom or Ultimate freedom is a spiritual dimension according to Osho and religious concepts, this is something bigger than freedom from or freedom for. Because when we try to achieve this level of freedom. We have to be aware of what we are doing. For example freedom from is reaction of our past action and freedom for is action for new revolution. Both actions are what we had done before. Be aware and do every action good for you and for others. With lovingkindness, compassion, appreciative joy and equanimity, to be satisfied with your action and calm based on wisdom. Just freedom itself doesn't have any meaning. This is just to understand myself. Freedom is always created by something.

Here are the two sides of freedom, freedom from and freedom for. It means without depending on anything our freedom always comes with sadness. But just freedom when we get self-understanding. And the concept of human freedom. Freedom is the satisfaction of the times past, present and future. Satisfaction of our past is freedom from, Satisfaction of our future is freedom for, and Satisfaction with present is just freedom. Nature is like a river. We living beings are like a fish in the river. We have to follow the river, otherwise we will have struggle to make meaningful life.

Levels of freedom

In society freedom has two main levels of understanding. As Osho mentions, the first level of freedom is based on our actions in our society day by day. And the other is ultimate freedom. Freedom has two sides and if you have only one side of it, a single side, you will feel freedom mixed with sadness. So you have to understand the whole psychology of freedom. The first level of freedom is, freedom *from* and freedom *for* are the freedom depended. Like from nationality, from a certain church, from a certain race, from a certain political ideology. This is the first part of freedom. This is the foundation of freedom. It is always *from* something. Once you have attained this freedom, you will feel very light and very good and very happy. And for the first time you will start rejoicing in your own individuality, because your individuality was covered with all those things that you have become free of is another level.

Freedom in our society also divides us into two levels of freedom. External Freedom and internal freedom. In general also we can look at freedom depended on and freedom itself. First level of freedom depends on. Like Osho's Concept on human freedom. Freedom from and freedom for is depended on the past and future.

Just freedom does not need anything. If anything comes and tries

to give the definition for freedom, it will automatically become a freedom from or freedom for. Just freedom is nature and we humans have to live with it. Just freedom is the ultimate freedom to human history. Because just freedom itself is free. This is bigger than freedom depending on things. According to the concept of human freedom on Osho, Freedom from and freedom for is the nature of human expectation we have to be understood as well. And the third is. Moksha also known as Mukti and nirvāṇa) means “freedom” or “emancipation” or “liberation”. (Neither from, nor for.) (Osho, 2020: online 21 March 2022) True freedom is always spiritual or something more than that. For that we have to do something with ourselves, which cannot be chained, handcuffed, or put into a jail to ourselves. When we humans get this kind of Awareness, Light will be there.

Concerning freedom to live, Osho explained that freedom from things is dependent on the outside while freedom to do something is also dependent on the outside. Lastly, freedom to be ultimately pure has not to be dependent on anything outside you. Basically freedom has two levels of freedom that deepened on and freedom itself.

Osho said Moksha: Total freedom, to experience true and complete freedom—moksha, don’t look into the past or the future. It is here, now, at this moment. According to the concept of human freedom on Osho, Freedom from and freedom for is the nature of human expectation we have to be understood well. And the third is. Moksha also known as Mukti and nirvāṇa) means “freedom” or “emancipation” or “liberation”. (Neither from, nor for.) True freedom is always spiritual or something more than that. For that we have to do something with ourselves, which cannot be chained, handcuffed, or put into a jail to ourselves. When we humans get this kind of Awareness, Light will be there.

Conclusion

Freedom in our society refers to do all those things which do not harm to others and, are essential for a person's own development. There is a close relationship between the human and freedom. Freedom gives the opportunity or power to choose. Freedom is allowed to do, to say and to think, whatever we humans want. . Freedom is rooted from our own human action and ultimate freedom comes from being responsible for those actions. The definition will change according to human feeling or Nature of humans

On this research will help to understand the level of freedom. Freedom for and freedom from basically freedom depended freedom. That is not true freedom. Like if a nation is free, every individual of it, will be free to enhance their creativities and capabilities. Though, our society can be imagined without the absence of constraints but it is necessary to determine whether it is acceptable or justified. Social constraints are necessary to be examined through debates, discussions between individual and the society. Freedom base on human nature according to feeling desire etc. And human freedom will follow the human nature as well. Feeling or desire good that is good freedom (Positive freedom) and if desire and feeling not good. (Negative freedom) this all type of freedom are depended freedom.

The high level of in the meaning of Freedom is the right to live as we wish. But high level of human freedom as we humans are born as free. We have to be free thinkers and not accept everything that we hear is true. In spiritual freedom or regions freedom believe that in our society the Ultimate freedom is the full realization of nature of life. Buddhism believes awakening or knowing self is enlightenment. Which are the true characteristics of impermanence, Suffering and there is non-self. Nirvana is the ultimate freedom for human beings. Osho believe the Ultimate

freedom is Moksha. Moksha also known as Mukti and nirvana.

Suggestion

In general the concept of human freedom philosophically and socially given the definition is that just a power or opportunity to have choice without any limitation or control. Freedom from and freedom for: is similar to the view on east theory and west theory. If something is against our way of life that is negative freedom. And other side things come to support for new change or bring new revolution in human history that is freedom for.

But some spiritual or religious practices say there is higher or ultimate freedom. Which is spiritual freedom. (आध्यात्मिक स्वतन्त्रता) Like in Buddhism believe nirvana is ultimate freedom. Bhagawan Rajneesh or Osho also believes in Nirvana or he calls to achieve Samadhi. The results of this Study the Osho's Concepts of Human Freedom. The researchers found that there are interesting topics as follows:

1) We should understand freedom from is since our birth until this moment. We everyone has some weak point that we have done in our life. Which do we use to do or some of those actions become our habit, but still affect our Daily life? Then we need freedom from those effect in our life. That is freedom from. It's could be related with you throw your society, religion etc.

2) The freedom from which we should understand freedom to change for the next. We humans always have revolution to give definition of human freedom. This is freedom for future change.

3) Ultimate freedom is self-realization with self-satisfy. to understand this freedom is meaningless. I mean freedom does not have the opposite side of freedom. To understand this is your ultimate freedom. But until then you didn't have another Daudet.

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