

## A THERAVADA BUDDHIST COUNSELING FOR SOLVING PROBLEMS OF THE HUMAN RIGHT VIOLATION AND ITS RELATION TO THE PRESENT SOCIETY

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### ABSTRACT

This article entitled “A Theravada Buddhist counseling for solving problems of the human right violation and its relation to the present society.” Which is consists of two objectives: To analyze the Problems of the human right violation in Today society, and its Elimination from Theravada Buddhist Counseling. This paper critically investigates Buddhist understanding of the concept human right and exploring practical teachings on overcoming the actions of ethical, socio-political, sexual violence, and religion conflicts. Buddhism beliefs that violence and conflicts are grounded on human desires in terms of attachment. It means that the attachment produces an immoral act which is defined as violence and conflict. The researcher also considers Buddhist moral values in the way of controlling the violent actions and promotes Buddhist concept of human right. In the first section, the researcher draws the attentions on the problems violation in today society, in the second section considers Buddhist guidelines on controlling of the violence, and lastly concludes the significances of the study.

## Introduction

The concept of human rights has been taught by the many religions of the world including Buddhism. Buddhism is one of the school which promotes the value of human right to human society. The Buddha enlighten by realizing that the human world is full of sufferings such as Ethical, social-political, sexual violence, and religious conflict, and he himself discover the way how to be free from those sufferings as well as taught his followers how to overcome the suffering. He sees that all violence and conflicts are caused by human attachment, anger, greed, ignorance, and jealousy. It is to say that the foundation of Buddhism very based on intellectual freedom from those elements of suffering by understanding the causes and effects. This article will observe the teachings of the Buddha, which is helpful to solve the problems of human rights violation and how it has eliminated by Theravada Buddhist counseling.

### 1.Ethical violence in society

Ethical violence are eight non-virtues actions, killing, stealing, sexual misconduct, telling-lie, abusive, indignity, disappointment, drinking alcohol.<sup>1</sup> These are ethical non-virtues of the types: *body action non-virtues*, and *verbal action non-virtues*. In this section, firstly, the researcher demonstrates the characteristics of ethical non-virtues.

Killing is one of the ethical non-virtues, there are two kinds of actions which are mercy killing and suicidal killing. Mercy killing makes kill someone based on compassion. Even though, this action is so bad ethics. Someone who would like to be liberation from any suffering of body and mind. Thought, he cannot be freedom end of suffering mind and matter. Therefore, mercy killing is a bad ethic. because mercy killing is depending on bad act. For example, some doctor makes a person who would like to be free from any suffering die by the compassion. So that when

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<sup>1</sup> Phrarajyanvisith, *Sunday Dhamma Talks*, (Thailand, 2008), 85.

someone died, the doctor is feeling in his mind, he did not get happiness because mercy killing makes ethical violence. These are the bad advantages of mercy killing.

Some scholar who says that mercy killing is a good ethic for the people who are psychological suffering. Thus, the regarding mercy killing can make him free from any mental and physical suffering. This is a negative issue with the misunderstanding on mercy killing. Thought, Good ethic is not to do any killing. Therefore, the researcher referring to all killing as a non-virtue for a living being peacefully together with the other human being. Mercy killing is an ethical violation. Moreover, suicidal killing is one of the psychological problems based on negative emotions which are anger, craving, hate, and ignorance. Because the researcher regarding the suicidal killing makes his ethics die himself. For example, someone who makes suicide kill himself is dying his ability, good action, and ethics. This issue, the suicidal killing is one of the ethical violations.

Stealing is one of the ethical violations which is depending on economic caused by poor and poorly economic. For example, someone who takes things who didn't give them. S/he is broking a value of human rights. Therefore, everybody rejected a relationship with his or her. So that, s/he is unlucky or unhappy in the present life and s/he will be the bad reaction of broking ethics in the future life. This issue, stealing is one of the ethical violations of human rights.

Additionally, some scholar who says that stealing is a huge problem caused by craving, attachment, and ignorance. For example, some person who is stealing other things that did not give it. therefore, s/he may create a problem of social distance with the other friends. Thus, s/he is the social distance between them. Then stealing is a human problem that depends on an imbalanced economy caused by craving. It is an unwholesome caused reaction of the non-values. Thus, there are so many problems based on stealing action in society today. It is one of the ethical violations of human rights. It is one of the bad reactions to stealing. This issue, stealing is an ethical violation in today's societies.

Even though, the researcher found that some stealing is good virtues based on wisdom. According to these issues, stealing is a good ethic for people who have different views. For example, some people who have to steal good activities, ethics, and moralities from different cultures, religions, and learning are in becoming a better person. Therefore, some stealing is a good ethic. It is a good reaction to stealing. Although, the researcher found that some person who has practice stealing for own benefit is not a better person. On this issue, stealing is good or bad depending on the issues. It regarding be taken idealities from the different culture, religions, and learning. This issue, some stealing is good virtues based on positive issues. it is one of the critical issues on the stealing of idealities from different cultures.

Sexual misconduct is one of the huge ethical violence in human rights.<sup>2</sup> It is based on positive desire or negative emotion. Thus, there are so many social bad problems in today's society. For example, some person who was sexual misconduct, s/he is been a pleasure at just time but s/he cannot be happiness. Therefore, s/he is creating the benefit reaction of sexual misconduct. It is one of the ethical violence in societies today.

The researcher critically thinks that sexual right conduct is happiness for peace with harmonious based on desires. Here, there are two types of desires, they are sexual desire and pleasure desire. it regarding the sexual desire for happiness, it's absolutely right. Therefore, sexual desire is a virtue for peace and a more harmonious world, a friendlier world. Though, pleasure desire is very useful for the development of social ethics and social relationships. These issues, sexual right conduct is happiness for peace with harmonious in human society. Sexual misconduct is an enter problem based on positive emotion that is craving or attachment. Thus, sexual misconduct is a huge external ethical violence in today's society. although, sexual right conduct is mental happiness depends on physical pleasure. For example, some person who can be sexually

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<sup>2</sup> Jose Bloom, Carol C. Nadelson, and Malkah T. Notman, *Physician Sexual Misconduct*, (American: Psychiatric Pub, 1999), 3.

right conduct with his wife depends on the reaction of positive craving. Therefore, the researcher found that sexual right conduct is a basis of human right for happiness, for the developing human evolution with useful and powerful human life.<sup>3</sup>

Furthermore, telling-lying is one of the non-virtues based on craving.<sup>4</sup> Then, thus, telling-lying can create ethical violence. For example, some person who can telling-lying because who cannot believe in his business friends. So that may create one of the social problems that depend on telling-lying for the relationship between each other peoples. it is vitally important to cultivate self-confidence with other some friends. because telling-lying is one of the ethical violence based on craving. Also, telling-lying is one of the non-virtues-based jealousy. Then, it is regarding the cause of the telling-lying is jealousy. This jealousy can create telling-lying. Then, telling-lying is social conflict. This issue, telling-lying is ethical violence based on jealousy.

Telling-lying is one of the non-virtues based on anger, which is referring to a cause of the telling-lying. This anger can create telling-lying. Then, telling-lying is been social hate. Thus, telling-lying is been social hate problem. Therefore, telling-lying is ethical violence based on anger. Moreover, telling-lying is one of the non-virtues based on hate. This hate can create abusive, indignity, and disappointment. because, the researcher discovered that hate is an abusive, indignity, and disappointing. This issue, telling-lying is related to abuse, indignity, and disappointment by the craving, anger, and hate.

The scholar who says that someone telling-lying is cause for happiness. he regarding telling-lying did not have craving, anger, and hate in mind. Thus, telling-lying is a cause for happiness. Then, telling-lying is not been bad feedback of action. *because* he did not have a mind in this telling-lying. Therefore, telling-lying is not to be ethical violence. Moreover, according to critical issues

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<sup>3</sup> Bhikkhu Thanissaro, *Dighajanu (Vyagghapajja) Sutta: To Dighajanu*, Accessed November 20, 2019, <https://www.accesstoinight.org/tipitaka/an/an08/an08.054.than.html>

<sup>4</sup> Janakabhivansa, *Abhidhamma of Kaya: The Practical Ways of Body*, (Myanmar: Yangon, 2006), 95.

that telling-lying might be good friend, ethics, good action, happiness life, and peaceful life. Sometimes, if one says that telling truth, we will be a bad result of the telling-truth. For example, someone who went to borrow some money from you. At the time, the borrower says that if you cannot give me some money, he will kill you. At the time, how to say that telling-lying or telling-truth. If you say that, telling-truth you will die at moment. Because, sometimes we should do telling-lying for a good friend, ethic, action, happiness lives and peaceful life in the world. It is one of the critical thinking of the telling-lying based on loving-kindness and compassion.

Drinking alcohol is one of the non-virtues in human societies. Then, drinking alcohol is one of the ethical violence for everyone.<sup>5</sup> Then, there are so many problems based on drinking alcohol. For example, some person who was drinking alcohol might be killing, stealing, and sexual misconduct so on. Therefore, drinking alcohol is a major bad ethic for the harmony's human society.

Even though, some scholar who says that drinking alcohol is one of the ethical activities for the basis of social human right. Thus, so many people could love to drinking alcohol to develop a social relationship with each other friends, or group. Because he mentions that drinking alcohol is a good ethic for social relationship each other people who are friends and group. It is one of some scholar's issues. although, drinking alcohol is ethical violence based on craving, anger, and ignorance. Therefore, drinking alcohol is one of the non-virtues. This issue, drinking alcohol is a major ethical violence in today's society.

## 2. Social conflicts in Society

Social conflict is that self is a social problem based on non-cooperation caused by craving, attachment, hate, and jealousy. There is a different Self which is I, me, my, mind myself. Then, there is you, your, yourself. Thus, they may create stratification based on craving, attachment, and

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<sup>5</sup> Christopher W. Gowans, *Buddhist Moral Philosophy an Introduction*, (New York: Routledge, 2014), 169.

jealousy.<sup>6</sup> For example, someone who says that my family, my group, my nation, my culture, my party, my love, my ethics, and my country is beautiful. They are social violations based on craving and attachment. Other examples, some people who say that your house, car, iPhone, wife, job, education, economic and religion is a good action. In regards to social violence based on jealousy. Therefore, they created stratification based on different selves, family, duties, groups, nations, countries, laws, and learning. It is referring to social caste, it comes from our minds, craving, attachment, and jealousy.

Social violence is one of the problems of humankind based on the stratification of the self, cultures, nations, colors, and groups. Then there is so much social violence based on different nations and groups, families, legal laws, actions, skills, and abilities. For example, some person who has stratification based on self-love and self-ethics. so that, they may create social violence in human societies. Therefore, social violence is a problem of human kinds based on individual culture, learning, nations, ethics, legal laws, actions, skills, and abilities.

Additionally, the negative concept is one of the social problems that depend on various thinking. For example, some person who has negative thinking can create social problems. Then, he is can be social violence based on critical thinking; one of the intellectual problems depends on the negative concepts. Therefore, the negative concept is a social problem in various thinking. It is one of the psychological problems. Other examples, some people who have wrong views can create negative emotion. This issue, the negative concept is able to be one of the social violence based on various concepts. It is led to human rights violations.

The negative emotion is one of the social problems that depend on objects of our mind. Then, negative emotion is a psychological problem based on the monkey mind. For example, someone who has negative emotions. because he can create so many social problems in human societies. Negative emotion is the problem of social violence in human society. therefore, this issue,

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<sup>6</sup> Agganna Sutta, *Agganna Sutta: An Annotated Translation*, (New Delhi: Sahitya Academy, 2001), 44-49.

negative emotion is a psychological problem based on the monkey mind. Another example, some people who cannot control their bad actions based on negative emotions is to be a social problem. Thus, Uncontrolled emotion often forces people to act in improper ways. This poses problems both for discrimination and family groups in general. These are examples, negative emotion is social problems based on individual emotion.

Some scholar who says that negative emotion is one of the causes of the bad reaction depends on wrong views. Then, he referring to craving, anger, hate, and jealousy. These are causes of negative emotions. For example, someone who has craving, anger, hate, and jealousy can be negative emotion by the wrong views. Therefore, we called him is a negative person who can create social violence. This issue, negative emotion is social violence. It is led to human rights violation.

Self-love is one of the negative emotions based on craving and attachment. Such as in family's love. For example, parents who have self-love in their sons and daughters is a social conflict for other families or groups. It is can create social violence. Other example, someone who is girlfriend love his boyfriend by caused self-love. Thus, self-love is a social problem, it led to human rights violations. Then, it regarding a psychological problem in mental state. Therefore, self-love is social violence based on craving and attachment. These are issues, self-love is one of the non-virtues based on a narrow mind.

Moreover, Anger on compassion (*karunādosā*)<sup>7</sup> is one of the causes be of social problems between teacher and pupil, parent and Children, and monk and disciples. For example, some father who would love to make his son a doctor when his son was not a doctor, is anger based on compassion. Therefore, they can create a social problem by compassion. This issue, social violence caused by anger on compassion (*karunadosā*). It is led to human rights violation.

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<sup>7</sup> Janakabhivansa, *Abhidhamma of Kaya: The Practical Ways of Body*, 108.



However, compassion is one of the causes of a positive mind, which is a characteristic of kindness in a suffering being. sometimes compassion is psychological discrimination that depends on suffering another being. Thus, compassion is can be called a psychological problem in the mental state of mind. For example, some beings, died because someone makes a killing. In this situation when you see him, you will be fee-based on compassion depends on killing being died. Therefore, compassion is one of the psychological discriminations based on the suffering of other beings.

Even though, compassion is one of the good virtues for protect living being peacefully together with the other human being. This compassion is a good social ethic based on loving-kindness for a relationship between person and group. Therefore, compassion is not a psychological problem. Moreover, compassion is not with anger. Compassion is one of the causes of merit. Although, according to the general, logical concept, compassion is to be social violence depending on emotion with anger. This issue, compassion is a psychological problem. It is led to human rights violations.

Additionally, hate is one of the non-virtues based on anger. Then, it regarding non-loving kindness. Thus, hate is a social problem for relationships between one group or other group and one family or another family. For example, in our country, there are so many groups or parties that are different emotions based on various concepts. Then, they can create so many social problems by the hate. This example discovered hate is to be social violence. Therefore, hate is one of the non-virtues based on anger. This issue, hate is social violence caused by anger.

Moreover, jealousy is one of the non-virtues based on craving. Then, it referring to non-joyful. Thus, jealousy is a social problem for relationships between family groups and people. For example, in the US, there are two parties, republican or democratic who are different emotions based on views. Then, they can create dangerous social problems by jealousy. This example is present-day in 2021. According to these issues revealed jealousy is to be social violence. Therefore, jealousy is one of the non-virtues based on craving. these are social issues, referring to the social

conflict based on self-ethic, culture, concept, emotion, compassion, anger, hate, and jealousy. This issue, social conflict is led to social violence with problems of human beings in today's society.

Furthermore, Non-cooperation is one of the social problem in societies who are different religion, cultures, ethics, and learning. Thus, non-corporation may create social conflicts in society. There are many non-corporations based on self-religion, cultures, ethics, and learning. Therefore, they may create social problems in human society. For example, in some of the country there are so many national groups, and parties. So that they cannot corporation with the other groups and party caused by jealousy, craving, and hate. This will be social problems are based on non-corporation. This issues, non-corporation is one of the social conflict. It is lead to social problem in society.

In conclusion, the researcher believe that social conflict is one of the huge problem based on non-cooperation caused by craving, anger, attachment, hate, and jealousy. This is why, they create different culture, religion, nation, and learning. Therefore, there are social conflict based on non-cooperation.

### **3. Political conflict in society**

Political conflict is one of the huge human problems based on dishonesties discrimination related to societies. Then, there are so many different types of groups such as different nations, cultures, and religions. Therefore, they were so many problems of political conflict based on different societies or groups. For example, in our country, they created political conflict based on different groups or parties such as NLD and USDP. Then, they have so many problems of political conflict. These issues, political conflict between one party and other parties by the dishonesties with discrimination.

Moreover, political conflict is creating problems for human beings depends on individual concepts. Then, they are so many problems based on a various concept. For example, some party's people who have negative concept can create other party's problems. because they can make

discriminate between two more parties who have a negative or positive concept. Some people who have self-love, self-laws, and self-ethics can make political violence based on a negative attitude. Even though, some party's people who have liberal concept, laws, ethics, and action does make peace based on positive attitude. Therefore, they can create non-political conflict based on a liberal concept. This issue, political conflicts is social violence caused by individual negative concepts in today's society.

Additionally, self-love is one of the non-virtues to be a problem of political conflict. then, they are craving, desire, attachment, anger, hate, and jealousy. For example, some people who have a craving in their mind can create political conflict by craving, desire, and attachment on individual laws, and ethics of their party. because, they cannot cultivate liberal legal laws, ethics, action, benefit, and concept. Therefore, this is one of the political conflicts caused by narrow minds. These are issues, political conflict based on individual self-love by caused craving, anger, hate, and jealousy in today's society.

Self-law is one of the non-virtues based on societies or groups. For example, some groups who have self-law can make a better benefit for own their family or society, it was not balanced laws for everyone. thus, they can make unbalanced legal laws for other families, people, or groups. Because they can create problems of political conflict by the self-laws. Even though, balanced law is one of the virtues for who needed to be living being peacefully together with the other human being. Therefore, balanced law can create non-political conflict for everyone. This issue, political conflict is depending on individual laws. Like that, self-ethics is one of the non-virtues to be the problems of the political conflict based on craving, desire, and attachment. For example, some individual ethics is not balanced for everyone who is different from birth, colors, families, duties, and learning. Thus, self-ethics can make the problems of socio-political conflict. Therefore, self-ethics is one of the non-virtues based on desire, and attachment. This issue, the political problem is depending on individual ethics, it leads to political violence. it is led to human rights violations.

Some scholar who says that positive craving is one of the psychological problems in our mind. Such as narrow mind (*Loba*), desire (*Ragasanda*), and attachment (*Upadan*).<sup>8</sup> Then, positive craving can create political conflict. Therefore, positive craving is to be a psychological problem based on desire. Therefore, positive craving can make political problems such as political and ethical violence. these are concepts, positive craving is to be political violence. it is led to human rights violations.

The researcher who originated that positive craving is a psychological problem based on attachment (*Upadan*).<sup>9</sup> then, positive craving can create political conflict by attachment. For example, someone who has a craving mind can create negative party's problems such as unbalanced laws, action, ethics, and human right violation. This example, show that positive craving can make political violence. Therefore, positive craving is to be a political problem based on attachment in-laws, actions, ethics, culture, and learning.

Even though, one critical concept is positive craving for business life, social life, and family life. For example, some person who is a businessperson can do successful business life based on positive craving. because, positive craving is one of the causes to develop economic, social life, and family life based on positive craving. Therefore, positive craving is a good and a bad reaction depends on individual emotion. These issues, positive craving is not a problem of the political conflict between one party or other party and one country or with other countries.

Although, sometimes this anger can create political conflict caused by hate. Thus, positive anger is to be a problem of political conflict based on hate. Even though, negative anger cannot create political conflict because negative anger is depending on positive thinking. For example,

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<sup>8</sup> Dhammasami, *Emotion Management & Mindful Compassion*, (Myanmar, 2017), 17.

<sup>9</sup> Sanu Mahatthanadull, *Dependent Origination and The Four Noble Truths: The Core Teaching of the Buddha*, (IBSC: Mahachulalongkornrajavidyalaya University, 2014).

some people who have negative anger can make non-political conflicts as well as balanced ethics and laws. Therefore, they do not make political conflict. This issue, political conflict is depending on individual anger. It is led to human rights violation.

Thought, according to the general concept, positive anger is one of the mental problems that depends on political conflict. Then, anger can create problems of political violation. Therefore, positive anger is to be the problem of political conflict based on hate. Although, some scholar who says that positive anger has come from negative thinking. Then, there is so much anger based on negative emotions. It leads to political conflict. This issue, positive anger is one of the causes, political conflict based on psychological problems. It is led to human rights violations.

Even though, the researcher discovered that positive anger based on afraid of the mind. Then, there are so many types of positive anger in our mind such as worry, unhappy and negative emotion. Thus, positive anger can create political conflict caused by afraid of the mind. For example, someone who has positive anger can make ethical violence such as killing, stealing, and tilling-lying. Then, it leads to political violence. Therefore, positive anger is political violence on the afraid of mind. It is one of the psychological problems based on afraid of the mind, regarding positive anger. This issue, positive anger is to be political discrimination in today's society.

However, some scholar who says that political conflict comes from dishonesties, which is non-virtues such as positive jealousy, anger, craving, and ignorance. He regarding psychological problems based on discrimination related to social caste. According to this concept, Positive jealousy is one of the psychological problems in our mind. Therefore, jealousy can create political conflict in human problems. For example, someone who is positive jealousy in his mind on the other successful people or parties can create a political problem. This issue, one of the positive jealousies created political conflict in today's societies.

Moreover, Positive hate is one of the psychological problems based on discrimination. Such as negative people or groups. Then, this hate can create political conflict based on discrimination.

For example, some people who have positive hate can make do socio-political conflict. Thus, positive hate may create so many problems in human society. These are issues, hate is to be political conflict based on discrimination. Even though, some scholar who says that positive hate is political violence based on jealousy, anger, and negative emotion. Then, he regarding social hate, political hate, and personal hate. Therefore, a positive hateful person can create problems for the negative person or society at every location. These are issues, Positive hate is to be political violence based on anger.

Additionally, positive hate is one of the psychological non-virtues based on jealousy. Such as unhappy, sorrow and unjoyful. then, these hates make psychological problems caused by jealousy. For example, some people who have positive hate is psychological problem, unhappy, sorrow and unjoyful by jealousy. Thus, positive hate can make socio-political violence on other negative people who are indifferent parties or groups. This issue, positive hate is to be a socio-political conflict based on jealousy. Therefore, positive hate is one of the psychological non-virtues.

Moreover, one perspective, positive hate is one of the psychological non-virtues based on negative emotion. Such as, personally hate. Then, this hate can be improving anger and jealousy by other people's activities. Thus, positive hate is a socio-political conflict based on negative emotion. It is referring to psychological discrimination. Therefore, they are so many problems depending on positive hate. These issues are political conflict or political violence caused by jealousy, anger, emotion, and hate with the caused problem.

Let my conclusion, these are issues, political conflict is depending on individual concepts, legal laws, ethics, and self-love. Then, it regarding psychological discrimination. These are based on craving, desire, attachment, anger, hate, and emotion. Therefore, there are dishonesties by the political people. These are why, the researcher believe that they can make the problems of political conflict based on individual negative concept, unbalanced laws, ethics, and action. This issue is political conflict is depending on dishonesties with the discrimination.

#### 4. Sexual violence in society

Sexual violence is one of the non-virtues' actions based on craving, attachment, and ignorance. then, sexual misconduct, abuse, child rape, persecution, and harassment. Then, there are so many problems based on sexually abusing such as child rape everywhere. Therefore, the researcher discovered sexual violence is a huge human problem.

Sexual misconduct is one of the huge human problems by caused cravings.<sup>10</sup> Then, there are both problems for family and personal ethics. Thus, sexual misconduct can make marriage problems. These problems led to sexual violence. Thus, sexual misconduct is one of the huge human problems. For example, some person who takes sexual misconduct with other his wife can create bad problems such as killing, telling-lying, and stealing. Therefore, this example shows that sexual misconduct can create all human problems. These issues are, sexual misconduct led to human problems by sex mind.

Although, these problems are can create everything by critical thinking such as good problems or worse problems. Then, some problem is making happiness other people. This problem is good action by natural laws. For example, some sexual misconduct is not sexual abuse. Thus, sexual activities are for the happiest physical pleasure. Therefore, some problems can make happiness for the people who did not accede to any create laws, ethics, and dignities. Even if, the bad problem is making unhappiness other people. Some sexual misconduct makes sexual violence such as child rape, and sexual abuse. Thus, a bad problem may make suffering for other human life. These are an issue; the problem is good or bad depending on individual emotion or activities of people.

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<sup>10</sup> Hina Azam, *Sexual Violation in Islamic Law: Substance, Evidence, and Procedure*, (UK: Cambridge University Press, 2015), 53.

Additionally, Sex abuse is one of the sexual violence caused by desire craving, attachment such as sexual child abuse. For example, some man who abused his own daughter can make both problems for his family and personality ethnic violence. Thus, sex abusing can create all human problems. Thus, sex abusing can make sexual violence. therefore, sex abuse is one of the enormous human problems. These issues, sex abuse is to be sexual violence by the caused desire craving, and attachment.

Moreover, child rape is one of the sexual violence caused by desire craving, ignorance, and attachment. For example, a man who abused a child's sex may make wrecked the child's human life. Thus, child rape can create huge human problems by the caused desire craving, ignorance, and attachment. These huge human problems are depending on human legal laws and ethics. Thus, child rape can create everything non-virtues actions such as killing, stealing, and telling-lying. Therefore, child rape can make social, ethical, and laws violence by the cause sex mind. This issue, child rape is to be one of the sexual violence based on psychological discrimination.

Sexual violence is often related to discrimination and is a violation of the civil rights act. More specifically, it is ruled that sexual misconduct can be defined as sexual harassment, even if the target did not suffer any tangible economic losses. Thus, the sex-based caste system includes circumstances in which unwanted negative, gender-based experiences become pervasive enough that an employee perceives it as hostile and it negatively affects his job performance hostile work environment.

Let me conclusion, these are issues, there are many types of sexual violence. even though, the researcher discovered the five types of sexual violence. such as sexual misconduct, abuse, child rape, persecution, and harassment. Thus, these are making sexual violence with the other human rights violence by the caused psychological discrimination, desire craving, attachment, and emotion. Therefore, they can create so many problems in the world. Then, they may make social, ethical, and sexual violence in both males and females. These are why the researcher believe that sexual violence led up human right violation with other huge all human problems as socio-political



discrimination. These issues, sexual violence is huge problem because it is depending on the individual mental and physical disease with the craving, attachment, and desire. They are major cause to be sexual violence.

### **5. Human right violation in the society**

Human right violence is one of the huge problems in the society, such as injustice laws, Thus, problems stay in every society. There are many types of the human right violation as well as injustice laws which are non-free done from any action and non-peace. They are based on human right violation caused by attachment, craving, hate, anger, ignorance and jealousy. For example, in 2021, people who showed that tree fingers are used for justice, freedom from any self-laws and peace.

Injustice is one of the huge problems in all societies and countries caused by attachment, craving, ignorance and jealousy as well as injustice laws such as self-laws, national laws and traditional laws. They are based on attachment, craving, ignorance and jealousy. Therefore, they were not balanced laws for everyone who are different societies and countries in world. Thus, injustice laws are huge problems in human societies. these issues are depending on individual laws by caused attachment, craving, ignorance and jealousy. For example, in our country, there are not justice laws for people who live in countries where are China, Myanmar, Thailand etc.

Moreover, non-freedom from any justice action is a bad problem in human society. Thus, there are many types of the problems stilling in society today. They are based on injustice law. For example, in Myanmar they were not freedom any justice action as well as political justice. Therefore, they are not freedom from any justice achievement of NLD, party as people have not get the chance of the justice action and freedom taught. Thus, they have been human right violation in society. These issues, non-freedom is depending on injustice laws.

Non-peace is depending on non-justice and non-freedom caused by attachment, craving, anger, and jealousy. There are two wards, injustice and war. Thus, they are violation in every

society today. Therefore, non-peace is based on injustice and non-freedom. Thus, they have not peace to living in society. Moreover, war is making violation in human society today for relationship between one family and other group. These issue non-peace is depending on injustice and war.

Moreover, individual human right is basic education and healthcare for the improving dailies life. there are too many kinds of the types such as freedom learning, thought and teaching. Thus, education is one of the individual humans' rights. Then, education is making men power and mind power for solving problems of individual challenge in dailies life. thus, the problems are poor and poorly educated meaningful action. Therefore, education is one of the individual human rights.

This issue, every human right, social-political, education, economic are depending on health. Healthcare is one of the individuals, universal, and global human rights. Healthcare is very important to solve human right violation. Unbalanced healthcare is a problem based on legal laws. That, this is an injustice laws makes human rights violence. For example, some legal law is depending on self-nation and ethics. Therefore, there may be many problems based on legal law.

. Let conclusion, balanced Healthcare is one of the human rights. healthcare is vitally important to living for poor and poor people who are young, old men and women in the village. Health is one of the lucks for living in human life. thus, healthcare is needed for the people by the people. Thus, healthcare is one of the individuals, universal, and global human rights. Then, healthcare is making happiness and peace health. Therefore, healthcare is one of the human rights. This issue, every human right, social-political, education, economic are depending on health. Healthcare is one of the individuals, universal, and global human rights.

Therefore, there are many advantage for migrant children that healthcare is one of the human rights for everyone in the world. thus, Human rights is one of the healthcare, actions, and ethics for the solving problems the challenge of children in the world. So, the researcher discovered Human right healthcare, actions, ethics, and peace. this is one of the advantage for healthcare. For example, balanced ethics is vitally important to practice such as social responsibility as well as

mutual understanding, respect, love, and honesty for solving problems of human rights violation. **this is** there are many advantage of the healthcare children.

This issue is depending on society today at everywhere and every location such as in Myanmar's legal societies who have injustice, non-free dome and war. Thus, there are so many violence depending on society caused by craving, attachment, anger and jealousy. Therefore, the researcher believe that human right violence is depending on society.

### **6.Religion and conflicts in society**

Religion is very dangerous because all religion is depending on afraid of individual emotion, craving, attachment, hate, anger, and jealousy. Thus, there are many problems or conflicts depending on different religions. Therefore, all religion is very dangerous in human society. For example, in our country some people or monk who are depending on own religion without wisdom. They can create social, political conflicts cause by afraid of individual emotion with craving, attachment, hate, anger, and jealousy. Thus, they cannot get relationship between one religion and other religions. These issues, socio-political conflicts are depending on individual religion because of negative emotion.

According to my point of view, there are many types of religion in the world there are 4.300 religions as well as Christianity, Judaism, Islam, Hinduism, and Buddhism. Thus, all religions are good teaching depending on wisdom with the loving kindness, and compassion. for example, Buddhist teaching is based on compassion and loving kindness with right view or right understanding and, right though. Therefore, all religion's teaching is good ethics, action, concentration, and knowledge. This is why, the researcher considered we need to learn the teaching of the all religions by practical practice. This issue is focus on the teaching of individual religion.

Even though, all religions are very dangerous because all religions are depending on afraid of individual emotion with craving, attachment, anger, hate, and jealousy. Thus, there are so many conflicts depending on different religions. Therefore, they create violence human right such as ethical, and sexual violation in the world. For example, some people who are own religion

depending on negative emotion can create any problems or anything in a family or society. According to this example, all religions are very dangerous for living being peacefully together with the other human being. This issue is a problem or conflicts depending on individual religion caused by emotion.

Although, all religion make confidence in individual people who are afraid of emotion by religion. Thus, they believe that religious free from any problems or suffering in their life. therefore, all religion make confidence in mind state. For example, someone who believe one of religion can create self-confidence in his mind. This is called advantage of religion. Therefore, the thinker who believe that all religion can create own confidence in mind state without wisdom. These issue, self-confidence can create any conflicts or problems depending on different religions by individual self-confidence. This is called disadvantage of the religion.

Even though, some of the religion is depending on wisdom or knowledge as well as right understanding, right view, and right though. For example, Buddhism is depending on wisdom or right view because Buddhist teaching is based on ethics, mindfulness, and right knowledge. Thus, some of the religion might happiness in mind state of individual human being. This may be called good benefices depending on the teaching of religion. Therefore, we need to practice the teaching of the religion. Although, some of the teaching is improving own religion as well as self-confidence. This is why, there are many conflicts depending on own religion without wisdom. This is disadvantage of religions because of without studying, learning, and teaching.

Some scholar who believes that the teaching of all religion is to study, to learn and to practice for religious who would like to improve your life and solving any conflicts in your daily life. for example, someone who practice the teaching of the Buddha can get right understanding, right view, and right though for right speech, right action, right livelihood, right mindfulness, and right concentration.<sup>11</sup> These are correct to get right knowledge and right liberations. because, they

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<sup>11</sup> Dhammanandha, *Buddhist Ethic and Duties*, (Myanmar: Yangon, 1997), 84.

are not any conflicts or problems in society. Therefore, the teaching of all religion is not own religion or self-confidence. All teaching is to be studying, learning, teaching, and practice. These are called Buddhist counseling for solving problems or conflicts in human society.

## **Conclusion**

in this article, the researcher has discussed the problems of the human rights violation which are ethical, socio-political, and sexual violation and human right as well as justice laws, education, economic, healthcare, action, and ethics from the Theravada Buddhist Counselling. The concept of human right is one the principal teaching of Buddhism for the human civilization. Buddhism defined all violence and conflicts the effect which caused by human attachment, anger, greed, ignorance and jealousy. therefore, the researcher believes that there is so many violence. which are, these are issues, political conflict is depending on individual concepts, legal laws, ethics, and self-love. Then, it regarding psychological discrimination. These are based on craving, desire, attachment, anger, hate, and emotion. there are dishonesties by the political people who have negative emotion. thus, they can make the problems of political conflict based on individual negative concept, unbalanced laws, ethics, and action. Moreover, the researcher discovered the five types of sexual violence. such as sexual misconduct, abuse, child rape, persecution, and harassment. Thus, these are making sexual violence with the other human rights violence by the caused psychological discrimination, desire craving, attachment, and emotion. Therefore, they can create so many problems in the world. Then, they may make social, ethical, and sexual violence in both males and females. These are why sexual violence led up human right violation with other huge all human problems as socio-political discrimination. this issue is depending on society today at everywhere and every location such as in Myanmar's legal societies who have injustice, non-free dome and war. Thus, there are so many violence depending on society caused by craving, attachment, anger, and jealousy.

There are many scholars in the world who have done research on the problems of the human right violation from different points of view. But there is still no research on Buddhist counseling

for solving problems of the human right violation and its relation to the present society. The importance of this study stems from the fact that in many parts of the world, people continue to suffer violence and conflicts based on birth, race, religion, etc. Buddhism is able to provide effective solutions to these problems based on a deep understanding of the human mind and society. As this study focuses on the problems of the human right violation, it allows us to realize the disadvantages and reject the violence by showing the way of justice practice in society. Theravada Buddhist counseling is very important to solve problems of human right violation and living being peacefully together with other people who are from different cultures, nations, countries, families, groups, classes, duties, skills, learning, and religions. The following description of methods shows the *Brahmavihara*, Noble Eightfold Path, and social responsibility for solving problems of the human rights violation in today's societies. Therefore, the researcher has confidence that equality can make peacefully living together with the other human being by balanced actions, morality, ethics, human right protection, and *Brahmavihara* is cause for non-violence which are justice, free dome and peace by the Noble eightfold path.

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